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Is there an association between eye-level greenness and childhood hypertension using street view? Findings from the Seven Northeastern Cities study in China

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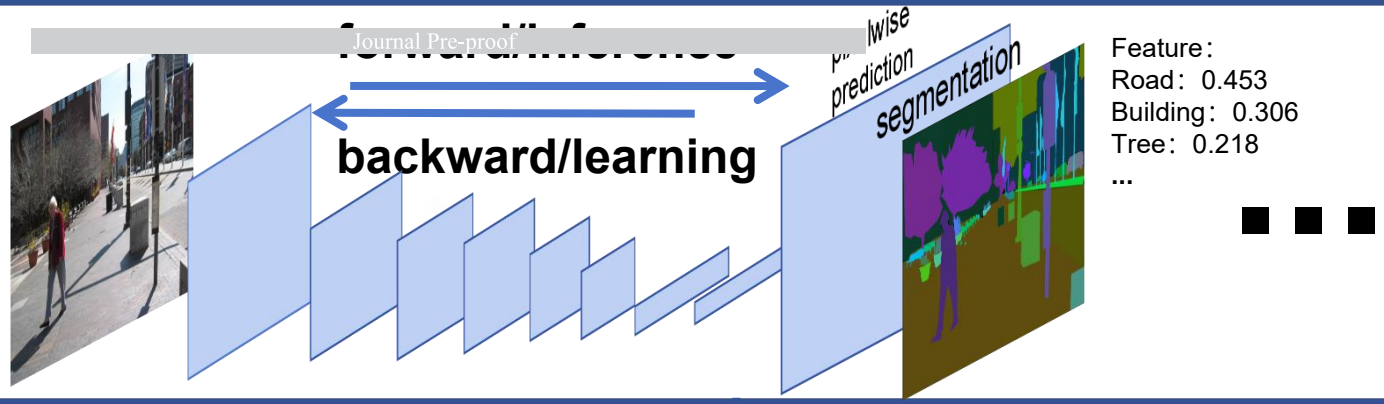
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Training

Testing

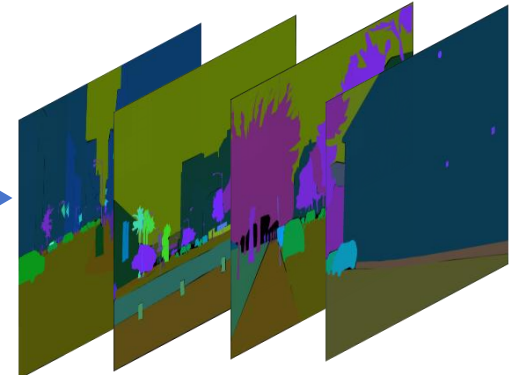


Selecting sample points



Street view images

FCN-8S



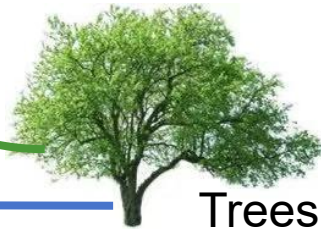
Street view image segmentation



Hypertension



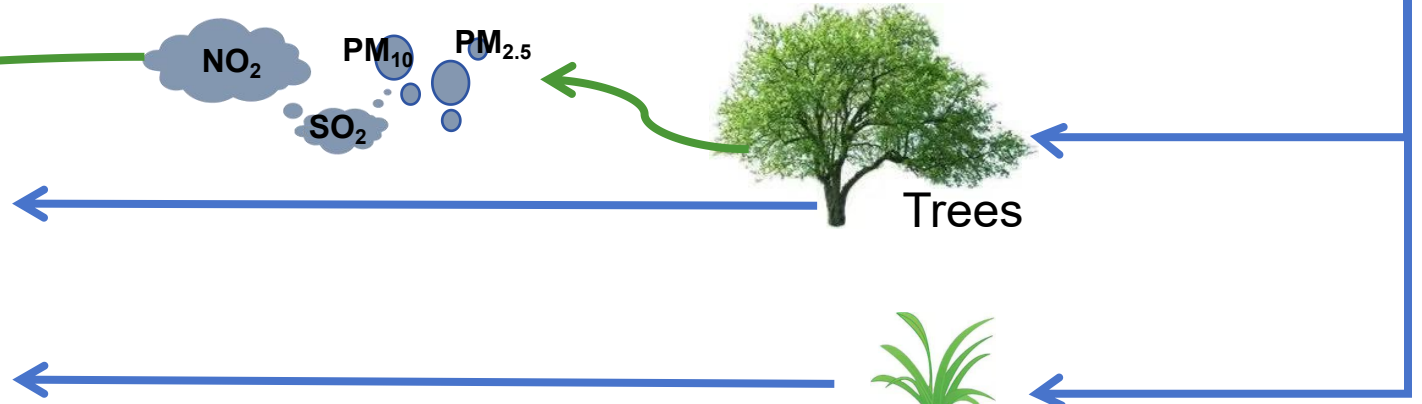
NO₂ PM₁₀ PM_{2.5} SO₂



Trees



Grass



1 **Is there an association between eye-level greenness and childhood**
2 **hypertension using street view? Findings from the Seven Northeastern Cities**
3 **study in China**

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30

31 **Abstract**

32 There is a lack of evidence regarding associations of eye-level greenness exposure with
33 blood pressure among children. We aimed to investigate the associations between eye-level
34 greenness of different types and pediatric blood pressure in China. From 2012 to 2013, we
35 recruited 9354 children aged between 5 and 17 years in northeast China. Eye-level of greenness
36 was assessed with Street View Greenness (SVG), derived from Tencent Street View images
37 surrounding participants' schools, utilizing a deep machine learning model. Hypertension was
38 defined as blood pressure above the 95th percentile based on the fourth report's guidelines for
39 children and adolescents. Generalized linear mixed-effects regression models were conducted
40 to estimate adjusted odds ratio (aOR) and estimates of childhood hypertension and pediatric
41 blood pressure per interquartile range (IQR) increase of SVG. Mediation analyses including air
42 pollution and exercise time were also performed. We found the significant association of SVG-
43 total with decreased odds of hypertension in Chinese children (aOR=0.83, 95%CI: 0.75,0.91),
44 especially with the decrease of SBP ($\beta = -0.76$, 95%CI: -1.09,-0.43). Interestingly, per IQR
45 increase in SVG-tree 800m for trees was associated with lower adjusted odds of pediatric
46 hypertension (aOR=0.84; 95%CI: 0.76–0.92), also with the decrease of systolic blood pressure.
47 Mediation analyses showed that hypertension was significantly mitigated by lower levels of air
48 pollutants, including PM_{2.5}, PM₁₀, SO₂ and NO₂. Results of this study suggested that eye-level
49 greenness, especially trees, were associated with lower prevalence of hypertension in children,
50 with air pollution exhibiting mediating effects. These findings emphasized the importance of
51 incorporating more greenness, especially trees in both urban planning and public health
52 interventions.

53 Key words: Greenness, Tree, Childhood Hypertension, Blood Pressure

54 **1. Introduction**

55 Pediatric hypertension has emerged as a global public health issue. Data from the
56 American Heart Association indicated that the global prevalence of elevated blood pressure in
57 the pediatric population was approximately up to 13% to 18% with rapid increasing trend. ^[1]
58 The age-standardized prevalence of hypertension among children in China was witnessed a
59 significant increase, rising from 7% in 1991 to 13% in 2015. ^[2] Pediatric hypertension not only
60 affects children's physical and mental health, increasing the overall economic burden of society,
61 ^[3, 4] but also may track into adulthood and possibly associates with premature cardiovascular
62 disease, chronic renal failure and damage to nervous system. ^[5, 6] Thus, it's imperative to explore
63 the controllable factors associated with pediatric hypertension to take effective measures to
64 mitigate the escalating disease burden.

65 Rapid urbanization has led to alterations to the urban environment, including the
66 availability of greenspace. ^[7] Emerging studies suggest that access to greenspace might be
67 associated with childhood blood pressure via mitigating air pollution and environmental decibel
68 levels, enhancing physical activity, and improving social cohesion. ^[8, 9] To date, a total of ten
69 epidemiological studies have investigated the associations between greenness and hypertension
70 of children, yielding inconsistent findings (TableS1). ^[10-19] For instance, studies have
71 demonstrated that higher values of the Normalized Difference Vegetation Index (NDVI) and
72 the Soil-Adjusted Vegetation Index (SAVI) are associated with lower blood pressure and
73 reduced odds of hypertension among Chinese children. ^[13, 14] However, two other studies have

74 showed that residential proximity to greenness and percent land use of park have no associations
75 with reduced BP levels in school-age children from Iran or the United States. ^[11, 12] The
76 causation of inconsistent results may be pertinent to the variations in study design,
77 methodologies for measuring greenness exposure, and the potential temporal or seasonal
78 variations in exposure and the characteristics of the participants.

79 At present, NDVI is the predominant metric indicator to assess exposure levels of
80 greenspace. ^[20] However, NDVI is based on birds-eye overhead views of greenness, potentially
81 failing to accurately reflect the ground-level perception of vegetation. Furthermore, NDVI
82 cannot differentiate between various types of vegetation, such as trees and grass. ^[21] The
83 inconsistencies in previous findings may be attributed to the limitations of NDVI. Recently, the
84 street view greenness (SVG) has been introduced as an enhanced measure of greenness
85 exposure, covering some of the limitations of NDVI. SVG refers to evaluating the level of
86 greenness at street level by incorporating semantic segmentation of street view images.^[22-24]
87 SVG offers the capability to evaluate accurately human horizontal exposure of greenness,
88 which reflects the greenspace experienced when people walk, ride or drive, and assess the health
89 effects of specific components (e.g., trees, grasses). ^[25, 26] The critical aspect of eye-level
90 greenness lies in its ability to offer immediate and sustained exposure to natural elements,
91 optimizing both visual and psychological benefits for human health.^[27] Recent studies utilizing
92 street view greenness have reported novel insights into associations between eye-level
93 greenness and health impacts, such as lung function, stroke and cardiovascular diseases.^{[21, 28,}

94 ^{29]}

95 Nevertheless, the associations between eye-level greenness and pediatric hypertension

96 remain unexplored. Consequently, our current investigation was intended to identify the
97 associations between exposure to eye-level greenness and childhood hypertension with SVG to
98 enable a comprehensive and objective evaluation of greenness. We hypothesized that more trees
99 and grass would be associated with lower odds of pediatric hypertension.

100 **2.Methods**

101 **2.1 Participants**

102 We utilized data from the Seven Northeastern Cities (SNEC) study, which was a large
103 population-based cross-sectional study conducted in Liaoning province in Northeastern China,
104 focusing on the associations between children's exposure to environmental elements and their
105 health outcomes. The details regarding the study have been documented in previous reports.^[30]
106 In brief, between April 2012 and June 2013, 24 urban districts were randomly selected in seven
107 cities of Liaoning Province, including 5 districts in Shenyang, 4 districts each in Dalian and
108 Fushun, 3 districts each in Anshan, Benxi, and Dandong, and 2 districts in Liaoyang,
109 respectively. This study employed a stratified sampling methodology. Within the scope of each
110 selected district, a random selection process was undertaken to choose one or two primary
111 schools and one or two secondary schools, culminating in a total of 28 primary schools and 34
112 secondary schools. Subsequently, within the selected schools, a random selection of one or two
113 classes from each grade level was conducted. All children from the selected classes were
114 enrolled in the study. The study sample was composed of 10,428 children from these 62 schools.
115 Among them, 9567 children submitted the study questionnaires, yielding a response rate of
116 91.7%. Subsequently, 213 children who had lived in the study districts for less than two years

117 were excluded, and our analyses took in 9354 children aged 5-17 as the final sample. (Figure
118 S1)

119 The study protocol adhered to the World Medical Association Declaration of Helsinki-
120 Ethical Principles for Medical Research Involving Human Subjects and was approved by the
121 Human Studies Committee of Sun Yat-sen University. Prior to initiating data collection, written
122 informed consent was obtained from the parents or legal guardians of all participants.

123 **2.2 Blood Pressure Measurements**

124 Blood Pressure (BP) was measured by research staff who were thoroughly trained in
125 accordance with the guidelines established by the American Academy of Pediatrics. ^[31]
126 Children were instructed to refrain from consuming alcohol, tea, coffee, cigarettes, or exercising
127 for 30 minutes prior to the BP measurement. After a 5-minutes rest in a quiet, temperature-
128 controlled room, each child's blood pressure was measured on the right arm while seated, using
129 a standardized mercury sphygmomanometer. BP was measured every two minutes for three
130 times. Hypertension among the children and adolescents was defined as systolic blood pressure
131 (SBP) or diastolic blood pressure (DBP) that reached or exceeded the 95th percentile for their
132 sex, age, and height, in accordance with the guidelines outlined in The Fourth Report on the
133 Diagnosis, Evaluation, and Treatment of High Blood Pressure in Children and Adolescents. ^[31]

134 **2.3 Street View Greenness Exposure Measurements**

135 Exposure to eye-level greenness was measured by street view greenness (SVG). We
136 assessed the average SVG for each school, within 800m, 1000m and 1500m buffers of the

137 school centroids.^[21] A minimum distance of 100m between two sample points was set to reduce
138 computing time and ensure accurate representation of green coverage. The flow chart of eye-
139 level greenness measurement has been reported in our previous studies. ^[14, 21, 28, 29] Briefly, we
140 used OpenStreetMap (<https://www.openstreetmap.org>) for selecting sample points along the
141 road network of the selected schools within circle buffers, and we utilized Tencent Maps
142 (<https://map.qq.com>) for capturing detailed and accurate street view images in China that
143 approximate the eye-level horizontal perspective of the selected sample points. The majority of
144 the street view data was obtained during the summer, when vegetation was at its greenest,
145 covering the years from 2012 to 2013. We selected images in the four primary compass points
146 (0°, 90°, 180°, and 270°) to achieve panoramic views with resolutions of 480 by 320 pixels. An
147 average of 5108±2482 images per school (a total of 500,560 images) were collected, which
148 were used to develop an exposure metric that reflected the greenness of the view plane. For
149 semantic segmentation of the street view images, we utilized a deep learning method, the Full
150 Convolutional Network (FCN-8s). ^[32] The procedure entailed the utilization of annotated
151 images and their semantic segmentation from the ADE20K collection to train the FCN-8
152 model.^[33] Subsequently, the street view images of the research locations were inputted into the
153 trained model to generate segmented images. The code for this process can be available for
154 reference at [https://www.urbancomp.net/archives/semantic-segmentation-software-for-visual-](https://www.urbancomp.net/archives/semantic-segmentation-software-for-visual-images-based-on-fcn)
155 [images-based-on-fcn](https://www.urbancomp.net/archives/semantic-segmentation-software-for-visual-images-based-on-fcn). In this study, the accuracy of training data and testing data were 82.5%
156 and 81.3% for the overall eye-level greenness, 88.7% and 85.2% for the tree, 86.5% and 83.8%
157 for grass. The greenness was quantified using the street view greenness (SVG), where higher
158 SVG values indicated greater green coverage. SVG was defined as the proportion of the

159 aggregate pixel count representing greenness to the total pixels count in images captured at the
160 four primary compass points. Specifically, for trees, SVG-tree was the ratio of pixels attributed
161 to tree elements against the total pixel count of the images. Similarly, for grass, SVG-grass was
162 the proportion of the pixels representing grass relative to the total number of pixels in the images.

163 **2.4 Covariates and potential mediators**

164 The questionnaire used in this study was adapted from the international standard
165 questionnaire ATS (American Thoracic Society), with modifications made to align with the
166 specific national conditions in China.^[31] Individual information such as socio-demographic and
167 lifestyle information were gathered via parental completion of the study questionnaire. Socio-
168 demographic information^[12, 34] contained sex (boy / girl), age (years), highest parental
169 education (<high school / ≥high school) and annual family income in RMB (≤30,000 Yuan
170 / >30,000 Yuan); lifestyle indicators^[10] included exercise time (hours per week), passive
171 tobacco smoke exposure (yes/no), house coal utilization (yes / no) and renovation within three
172 years (yes / no). Variables of reproductive/medical history^[9] included family history of
173 hypertension (yes / no), low birth weight (defined as less than 2500 grams at birth) and
174 premature birth (gestational age under 37 weeks). The Body Mass Index (BMI) was calculated
175 as measured body weight divided by height squared (kg/m^2), following a protocol standardized
176 by the World Health Organization (WHO). According to the Centers for Disease Control and
177 Prevention (CDC) guidelines, children were classified as overweight or obesity if their BMI
178 exceeded the age- and sex-specific 85th percentile and the 95th percentile, respectively.^[35] As
179 the potential mediators, we evaluated the daily average concentrations of particulate matter (PM)

180 with aerodynamic diameters $\leq 1 \mu\text{m}$ (PM_{10}), $\leq 2.5 \mu\text{m}$ ($\text{PM}_{2.5}$) and $\leq 10 \mu\text{m}$ (PM_{10}), with a spatial
181 resolution of $1.0 \text{ km} \times 1.0 \text{ km}$, and daily mean concentrations of nitrogen dioxide (NO_2) and
182 sulfur dioxide (SO_2), with a resolution of $10 \text{ km} \times 10 \text{ km}$. These were achieved using a random
183 forest model that integrated Moderate Resolution Imaging Spectroradiometer aerosol optical
184 depth data, land use, and meteorology data. [36, 37]

185 **2.5 Statistical Analysis**

186 Mean values and standard deviations (SD) were utilized to represent continuous variables,
187 while categorical variables were quantified by computing their relative frequencies. We
188 conducted t-tests on continuous variables and chi-square analyses on categorical variables to
189 assess the differences in characteristics between individuals with and without hypertension. For
190 hypertension, we applied GLMMs with logistic regression using 'glmer' in 'lme4' to associate
191 SVG with hypertension. For pediatric blood pressure, LMERS with 'lmer' were used. Both were
192 considered the hierarchical structure of the data with city as a random effect. Adjusted mixed
193 effects models were implemented, adjusted for age, sex, parental education, annual family
194 income, passive tobacco smoke exposure, house coal utilization and renovation. [13, 19, 38]
195 Stratified and interaction analyses were performed by age (≤ 12 vs. > 12 years), sex, BMI
196 (normal vs. overweight/obesity), annual family income ($\leq 30,000$ vs. $> 30,000$ yuan per year),
197 passive tobacco smoke exposure, parental education levels and house coal utilization as
198 modifiers to identify the sensitive subgroups. Mediation analyses following the Baron-Kenny's
199 approach were conducted to examine whether air pollutants and exercise time could mediate
200 the effects of greenness on pediatric blood pressure and hypertension. [29] These results were

201 generated by bootstrapping with 1000 simulations, employing the mediate function from the R
202 package ‘mediation’. In our population in China's high-density settings, a systematic review
203 highlights the effectiveness of 500-999m buffers in predicting physical health. Therefore we
204 selected the 800m buffer as our primary analysis range, and considered various buffer sizes and
205 thus included 1000m and 1500m buffers for sensitivity analyses to ensure the robustness of our
206 findings.^[39] To further verify the robustness of our findings, sensitivity analyses were also
207 conducted by excluding participants with low birth weight, premature birth or family history of
208 hypertension.

209 All statistical analyses were performed using R version 4.3.2, and two-tailed p-value of
210 less than 0.05 was considered statistically significant.

211 **3.Results**

212 **3.1 Baseline characteristics of participants**

213 The characteristics of the recruited children in the present study were summarized in Table
214 1, stratified by their blood pressure (BP) status. The average age of the participants, who were
215 recruited from the age of 5 to 17 years old, was 10.8 years, with a standard deviation of 2.6
216 years, and 51.0% (4771/9354) of boys. The average SBP and DBP were 111.0 ± 14.1 mmHg and
217 64.5 ± 9.8 mmHg, respectively, with a childhood hypertension prevalence of 13.8%. Children
218 with hypertension exhibited a higher likelihood of being older, fatter, born premature or with
219 lower birth weight, having parents with lower educational levels, being born to a cigarette
220 smoker, utilizing house coal, having undergone house renovations within the past three years,
221 or having family history of hypertension compared to those without hypertension ($P<0.05$).

222 Meanwhile, Children with hypertension exposed to less level of street view greenness and
223 higher level of air pollutants ($P < 0.05$) (Table S2).

224 **3.2 Associations of SVG with pediatric hypertension and BP**

225 We observed beneficial associations between SVG (per IQR increase) and pediatric
226 hypertension and blood pressure (Figure1). Higher SVG-total 800m were associated with
227 markedly reduced odds of hypertension (aOR = 0.83, 95%CI: 0.75, 0.91). It was obvious that
228 the majority of SVG's association was attributed to the presence of trees. Exposure to SVG-
229 tree 800m exhibited an opposite association with hypertension (aOR=0.84, 95%CI: 0.76, 0.92)
230 as well. We found the similar beneficial associations between SVG with SBP. Per IQR increase
231 in SVG-total 800m and SVG-tree 800m were associated with 0.76 mmHg (95% CI: -1.09,
232 -0.43) and 0.81mmHg (95% CI: -1.15, -0.47) decrease in SBP in adjusted models,
233 respectively. There were no associations of grass exposure with children's BP in the present
234 study.

235 **3.3 Potential modifications and mediations**

236 In stratified analyses, similar associations were presented at all subgroups, while
237 interaction effects were not observed significantly. (Table 2 & Table S3-5) The findings of
238 mediation analyses were presented in Table 3 and Table S6-8. We found that 8.95%, 12.50%,
239 6.99%, and 17.40% of the effects on SVG-total 800m with the prevalence of childhood
240 hypertension were mediated by reduced levels of ambient PM_{2.5}, PM₁₀, SO₂ and NO₂ ($P < 0.05$).
241 In terms of the types of greenness, we observed the mediating effects of PM₁₀, NO₂, and SO₂

242 exclusively in the context of trees. (Table 3) Additionally, no notable intermediary influence of
243 exercise time was detected in the associations of SVG with hypertension (Table S9).

244 To evaluate the reliability of our outcomes, we carried out various sensitivity analyses.
245 SVG measured in larger buffer size (1000m or 1500m) presented consistent conclusions
246 (TableS10-11). Similar results were obtained when we excluded children with premature, low
247 birth weight and family history of hypertension. (Table S12-14)

248 **4.Discussion**

249 Our findings indicated that greater exposure to eye-level greenness, particularly trees, was
250 associated with lower BP levels and decreased odds of pediatric hypertension. Exposure to
251 ambient pollutants may partially mediate these associations. Up to date, this is the first study
252 globally to explore the associations between eye-view level tree exposure and children BP.

253 To our knowledge, ten investigations have conducted the associations between greenness
254 and hypertension and BP among children, but results were inconsistent (TableS1). Two cohort
255 studies from Europe reported no associations between NDVI and BP levels in children. ^[15, 18]
256 Similarly, the cross-sectional studies conducted in Iran with 12,340 children aged 7-18 have
257 failed to find a statistically significant link between residential proximity to greenspace with
258 systolic hypertension, diastolic hypertension and hypertension (aOR=1.03, 95%CI:0.76, 1.39;
259 aOR=0.96, 95%CI:0.80, 1.16; aOR=0.98, 95%CI:0.82,1.16). ^[12] Conversely, other studies have
260 reported significant associations between greenness and pediatric hypertension. For example, a
261 cohort study based on 164,853 children aged 6-8 years reported that per IQR increase in NDVI
262 within 100 meters of home, school or home-school buffer was significantly associated with a

263 reduction of 0.018-0.037 in blood pressure z-scores, as well as a 2.7%-7.6% lower risk of
264 hypertension in southern China. ^[19] Another cohort study, including 588,004 children aged 7-
265 18, found that 0.1-unit increase in NDVI was significantly associated with 25% reduction in
266 the risk of hypertension (HR = 0.75, 95% CI: 0.74, 0.76) in Beijing and Zhongshan city, China.
267 ^[16] Similarly, a cross-sectional survey conducted in Austrian and Italian found that per IQR
268 increase in NDVI with 500-meter home buffer was associated with a reduction of 0.69 mmHg
269 in SBP (95% CI:-1.32, -0.05) among 1,251 schoolchildren aged 8 to 12 years. ^[10] Most the
270 above studies were performed with NDVI as the indicator of bird's-eye overhead view of
271 greenness. Consistently, our findings indicated the beneficial associations of greenness and
272 children BP with SVG as the indicator of eye-level exposure. The inconsistency in associations
273 between greenness and pediatric hypertension could be attributed to various factors, including
274 variations in the assessment of greenness exposure, categories of greenness, and basic
275 characteristics of the participants. What's more, we found that eye-level greenness, particularly
276 within the 800m buffer, was the most significant associate with hypertension rather than 1000m
277 and 1500m buffers. The 800m buffer likely offers the reference ranges for our study's context
278 in China, considering the high-density urban settings. ^[39] The varied buffer approach allows for
279 a nuanced understanding of how green spaces influence health and sets a foundation for future
280 research to determine the optimal buffer size across different urban environments.

281 To date, only two epidemiological studies have explored the associations between
282 exposure to trees and blood pressure. A cohort study encompassing 15,105 adults from Brazil
283 indicated, a rise of 10,000 trees was associated with a lower odds ratio for hypertension 0.929
284 (95% CI: 0.878–0.984). ^[40] Similarly, one percent increment in tree canopy was linked with

285 reduced odds of hypertension (OR: 0.993, 95% CI: 0.989 – 0.997) in a study involving 46,786
286 participants aged over 45 from the Sax Institute’s and Up Study in Australia. ^[41] However, no
287 study has reported the associations between tree exposure and pediatric hypertension. In the
288 current study, exposure to the eye-level SVG-tree was found to be negatively associated with
289 childhood hypertension, which presented novel evidence to the beneficial effects of trees on
290 children health. These findings underscored the importance of incorporating trees more
291 extensively into urban planning efforts aimed at constructing a child-friendly and health-
292 promoting environment.

293 The mechanisms of hypertension associated with greenness exposure have remained
294 insufficiently understood. The density and type of greenery visible in street views can vary,
295 which could correlate with different health outcomes.^[42, 43] Trees might provide a shelter, while
296 grass could be associated with open spaces and opportunities for physical activity, and trees
297 may play more of a role in providing shade, reducing noise pollution, or improving
298 psychological restoration.^[44, 45] A study comparing the health benefits of trees and grass in New
299 York City found that higher tree density was associated with higher likelihood of reporting
300 “very good” or “excellent” health, but grass density was not associated with self-reported
301 health.^[45] Previous studies have indicated that air pollutants might partially elucidate the
302 relationships between greenness and hypertension in children. ^[16] Greenness acts as a barrier
303 against pollution sources, effectively removing certain particles and gaseous pollutants, such as
304 PM_{2.5}, PM₁₀, NO₂ and SO₂, which may be protective against hypertension in children. ^{[36, 37, 46,}
305 ^{47]} A model, formulated by adjusting the land cover database using GIS techniques and field
306 surveys, has predicted that raising tree cover to 21% would result in a 7% decrease in primary

307 PM₁₀ concentrations. ^[48] What's more, an experimental campaign in a traffic hotspot
308 demonstrated that tree cover could reduce PM_{2.5} and PM₁₀ concentrations by as much as 50%.^[49]
309 Moreira et al.'s study^[40] indicates that proximity to green spaces can reduce the impact of air
310 pollutants, noise, and wind, all of which are associated with hypertension. Trees remove vehicle
311 air pollutants through dry deposition, reducing household exposure and potentially lowering
312 the risk of cardiovascular diseases, including hypertension. Our findings also indicated that air
313 pollutants, specifically PM_{2.5}, PM₁₀, NO₂, and SO₂, partly mediated the relationship between
314 eye-level greenness, particularly in trees, and childhood hypertension. Moreover, urban trees
315 help to mitigate the urban heat island effect, reducing health risks associated with high
316 temperatures, including hypertension. This may make outdoor activities (such as walking and
317 socializing) more comfortable, potentially increasing physical activity and helping to reduce
318 the risk of hypertension.^[40] Finally, Moreira ^[40]and Astell-Burt's^[41] study finds that the presence
319 of tree canopy may be crucial for cognitive restoration and stress recovery by providing natural
320 soundscapes, birds, and other forms of biodiversity, which may indirectly reduce hypertension
321 risk. Future research needs to further explore these potential mechanisms, which may act alone
322 or together to explain the relationship between tree exposure and reduced hypertension risk.

323 **5. Strengths and limitations**

324 Based on a pediatric population study, we applied cutting-edge semantic segmentation
325 methods to evaluate the exposure of street view greenness and measured blood pressure using
326 standardized protocols. Exposure to greenness was assessed with SVG, which obtains more
327 realistic eye level of greenness by utilizing approximately 5,000 images for each research

328 location from Tencent street view and can differentiate the types of greenness. Furthermore,
329 several sensitivity analyses robustly confirmed the reliability of these outcomes. Nevertheless,
330 our study has inherent limitations, warranting careful interpretation of the findings. Firstly, as
331 a cross-sectional study, causal relationships cannot be inferred. Secondly, our designated street
332 view dataset was rooted in a buffer around school points instead of individual addresses, which
333 may result in misclassification errors in the assessment of exposure. According to the policy of
334 school admission in China, children spend most of the daytime at school which is near their
335 residence, which may minimize the bias. To some extent, this can compensate for this deficiency.
336 Thirdly, the street view data was collected during the summer and therefore may not accurately
337 reflect the seasonal variations in greenness. However, the selection of the summer season for
338 evaluating street greenery is predicated on the fact that summer represents the acme of
339 vegetation growth in northern urban China, thereby affording a distinct contrast in exposure
340 levels across the disparate study regions. Finally, since children in more polluted areas are likely
341 exposed to different urban environments with less green cover, it is challenging to completely
342 disentangle the impact of greenness from that of reduced pollution. This limitation could affect
343 the robustness of the association found between greenness and pediatric hypertension.

344 **6. Conclusion**

345 In conclusion, our results indicate a potential association between increased eye-level
346 greenness, especially tree, and reduced childhood hypertension. Air pollutants could potentially
347 act as mediators in the observed associations. These findings offer novel evidence regarding the
348 beneficial associations of greenness, especially trees, on children health. This information may

349 assist policy makers in implementing protective measures for children during urban planning
350 to create a children health-friendly environment.

351

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361

362 **Author contributions:**

363 Guang-Hui Dong and Ru-Qing Liu conceived of the presented idea. Huang-Min Yang
364 performed the formal analysis, methodology and visualization and writing the original draft.
365 Jing-Yao Wang and Chen Li were responsible for the following: conceptualization, software
366 and validation. Ya-Qing Zhang and Qi Yang were responsible for the following: investigation,
367 data curation. Ruoyu Wang, Yao Yao, Zilong Wang, Shu-Li Xu, He-Hai Huang and Qian-Sheng
368 Hu discussed, reviewed and edited. Ru-Qing Liu were responsible for the following: validation,
369 supervision, visualization and writing-reviewing & editing. Guang-Hui Dong enjoyed
370 unrestricted access to all the data within the study and took the responsibility for ensuring the

371 integrity of said data.

372

373 **Ethics approval**

374 The Human Studies Committee of Sun Yat-sen University approved the study protocols

375 (Approve number: L2018019).

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Journal Pre-proof

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- 493

Table 1. Characteristics of the Participants (n=9354).

Characteristics	Total (n=9354)	Hypertension (n=1289)	Non-hypertension (n=8065)	<i>P</i> Value
Age [years, (mean±SD)]	10.8±2.6	11.8±2.5	10.8±2.6	<0.001
Sex				
Girls (%)	4583 (49.0)	630 (48.9)	3953 (49.0)	0.950
Boys (%)	4771 (51.0)	659 (51.1)	4112 (51.0)	
BMI [kg/m ² , (mean±SD)]	19.5±4.3	21.7±5.2	19.2±4.1	<0.001
Parents' education				
≥high school(%)	5759 (61.6)	760 (59.0)	4999 (62.0)	0.041
< high school(%)	3595 (38.4)	529 (41.0)	3066 (38.0)	
Exercise time [h/wk, (mean±SD)]	7.6±7.7	7.7±8.6	7.6±7.6	0.580
Low birth weight (%)	348 (3.7)	64 (5.0)	284 (3.5)	0.013
Premature (%)	494(5.3)	94(7.3)	400(5.0)	<0.001
Family income in RMB				
≤30,000(%)	5473(58.5)	781(60.6)	4692(58.2)	0.667
>30,000(%)	3881(41.5)	508(39.4)	3373(41.8)	
Passive tobacco smoke exposure (%)	4473(48.0)	639 (55.8)	3834 (47.3)	0.002
House coal utilization (%)	888 (9.5)	151 (11.7)	737 (9.1)	<0.001
Renovation (%)	3365 (36.0)	549 (42.6)	2816 (34.9)	<0.001

Family history of hypertension (%)	3599 (38.5)	558 (43.3)	3041 (37.7)	<0.001
SBP [mmHg; (mean±SD)]	111.0±14.1	129.1±11.5	108.1±12.1	<0.001
DBP [mmHg;(mean±SD)]	64.5±9.8	75.6±11.2	62.7±8.3	<0.001
SVG-total 800m[mean±SD]	0.092±0.030	0.087±0.031	0.093±0.030	<0.001
SVG-tree 800m[mean±SD]	0.089±0.031	0.084±0.032	0.089±0.031	<0.001
SVG-grass 800m[mean±SD]	0.003±0.003	0.002±0.003	0.003±0.003	0.146

Abbreviations: SD, standard deviation; BMI indicates body mass index; RMB, Chinese Yuan; SBP, systolic blood pressure; DBP, diastolic blood pressure; SVG-total 800m, street view greenness of total view with 800 m buffer; SVG-tree 800m, street view greenness of tree with 800 m buffer; SVG-grass 800m, street view greenness of grass with 800 m buffer.

30,000 Yuan is approximately equal to US \$4,065.67 or €3,256.15.

Table 2. The aOR and 95% CI for the associations of SVG (per IQR increase) with hypertension, stratified by demographic factors (n = 9354).

	SVG-total 800m	SVG-tree 800m	SVG-grass 800m
Age			
≤12 years	0.84(0.73, 0.97)	0.85(0.74, 0.98)	0.91(0.84, 0.99)
>12 years	0.85(0.75, 0.96)	0.84(0.73, 0.96)	1.06(0.97, 1.15)
<i>P</i> for group difference	0.931	0.857	0.013
Sex			
Boys	0.84(0.74, 0.96)	0.85(0.74, 0.97)	0.97(0.90, 1.05)
Girls	0.81(0.71, 0.92)	0.82(0.72, 0.94)	0.87(0.81, 0.95)
<i>P</i> for group difference	0.628	0.778	0.064
BMI			
Normal	0.78(0.69, 0.88)	0.79(0.69, 0.89)	0.89(0.83, 0.96)
Overweight/obesity	0.90(0.78, 1.05)	0.90(0.78, 1.05)	0.99(0.91, 1.08)
<i>P</i> for group difference	0.112	0.159	0.065
Family income in RMB			
≤30,000	0.80(0.70, 0.90)	0.81(0.71, 0.92)	0.93(0.86, 0.99)
>30,000	0.86(0.75, 0.99)	0.87(0.75, 1.00)	0.93(0.85, 1.01)
<i>P</i> for group difference	0.402	0.474	0.938
passive tobacco smoke exposure			
No	0.81(0.71, 0.92)	0.82(0.72, 0.94)	0.89(0.82, 0.96)
Yes	0.84(0.74, 0.96)	0.84(0.74, 0.97)	0.96(0.89, 1.04)

<i>P</i> for group difference	0.720	0.797	0.145
House coal utilization			
No	0.81(0.74, 0.90)	0.82(0.74, 0.91)	0.93(0.88, 0.98)
Yes	1.00(0.73, 1.38)	1.02(0.73, 1.42)	0.91(0.74, 1.12)
<i>P</i> for group difference	0.223	0.234	0.850
Parent education			
≥high school	0.96(0.90, 1.03)	0.82(0.73, 0.92)	0.82(0.73, 0.92)
< high school	0.84(0.72, 0.98)	0.86(0.74, 1.01)	0.86(0.79, 0.95)
<i>P</i> for group difference	0.790	0.614	0.057

Abbreviations: IQR, interquartile range; BMI indicates body mass index; RMB, Chinese Yuan; SVG-total 800m, street view greenness of total view with 800 m buffer; SVG-tree 800m, street view greenness of tree with 800 m buffer; SVG-grass 800m, street view greenness of grass with 800 m buffer; SBP, systolic blood pressure; DBP, diastolic blood pressure; aOR, adjusted odds ratio; CI, confidence interval;

Adjusted for age, sex, BMI, family income, parental education, house coal utilization, passive tobacco smoke exposure and renovation.

Random entry selection: city.

30,000 Yuan is approximately equal to US \$4,065.67 or € 3,256.15.

Table 3. The role of air pollutants in mediating associations between SVG and the prevalence of childhood hypertension (n=9354)

	SVG-total 800m	SVG-tree 800m	SVG-grass 800m
PM ₁	-0.38% (-11.26%, 7.84%)	-3.86% (-22.19%, 4.77%)	52.53% (14.61%, 480.93%)
PM _{2.5}	8.95% (2.40%, 29.38%)	5.06% (-1.74%, 22.79%)	61.70% (-216.24%, 508.23%)
PM ₁₀	12.50% (5.39%, 47.33%)	9.91% (3.81%, 50.25%)	44.13% (-127.60%, 440.38%)
SO ₂	6.99% (2.22%, 30.42%)	9.86% (3.92%, 40.10%)	-41.63% (-325.08%, 84.14%)
NO ₂	17.40% (2.33%, 97.43%)	19.11% (2.24%, 114.14%)	-15.58% (-88.03%, 77.67%)

Abbreviations: SVG-total 800m, street view greenness of total view with 800 m buffer; SVG-tree 800m, street view greenness of tree with 800 m buffer; SVG-grass 800m, street view greenness of grass with 800 m buffer; PM₁, particle with aerodynamic diameter $\leq 1 \mu\text{m}$; PM_{2.5}, particle with aerodynamic diameter $\leq 2.5 \mu\text{m}$; PM₁₀, particle with aerodynamic diameter $\leq 10 \mu\text{m}$; SO₂, sulfur dioxide; NO₂, nitrogen dioxide.

Coefficients are proportion mediated with 95% confidence intervals.

Adjusted for age, sex, BMI, family income, parental education, house coal utilization, passive tobacco smoke exposure and renovation.

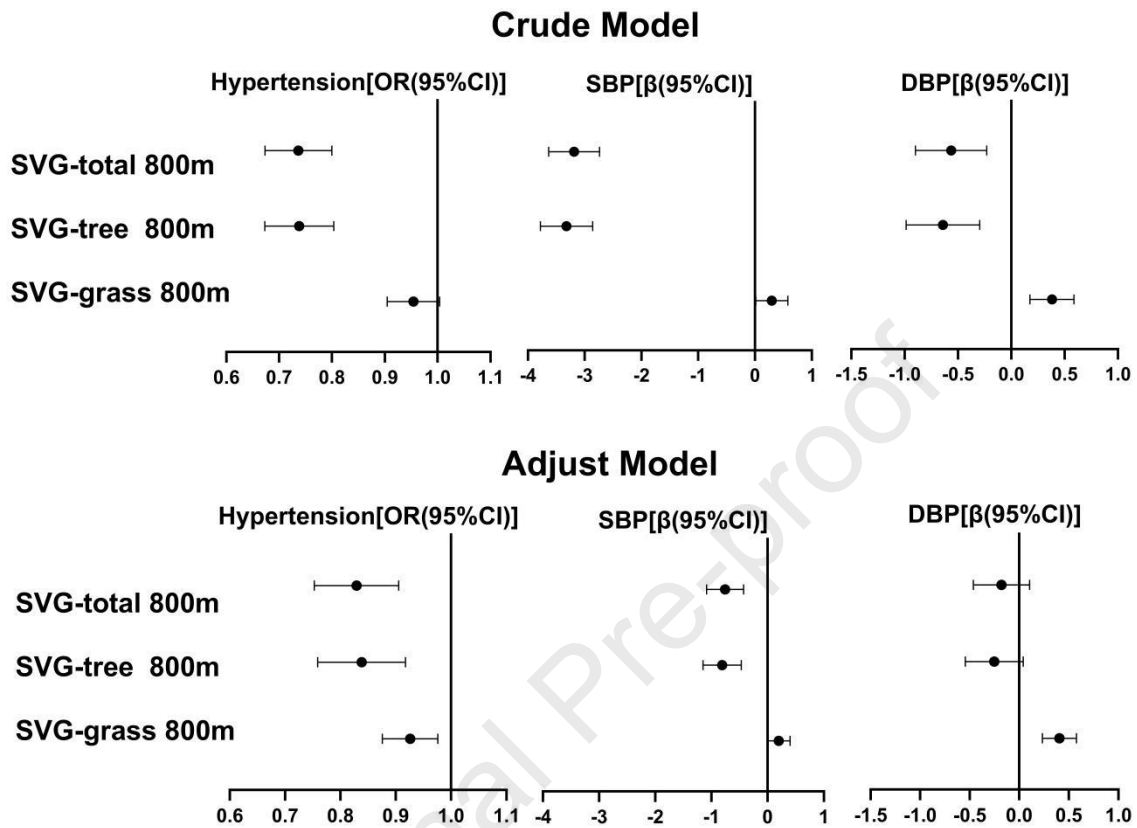


Figure 1. Associations of per IQR increase of SVG with pediatric hypertension and BP.

Abbreviations: IQR, interquartile range; SVG-total 800m, street view greenness of total view with 800 m buffer; SVG-tree 800m, street view greenness of tree with 800 m buffer; SVG-grass 800m, street view greenness of grass with 800 m buffer; SBP, systolic blood pressure; DBP, diastolic blood pressure; OR, odds ratio; CI, confidence interval;

Adjusted for age, sex, BMI, family income, parental education, house coal utilization, passive tobacco smoke exposure and renovation.

Random entry selection: city.

Is there an association between eye-level greenness and childhood hypertension using street view? Findings from the Seven Northeastern Cities study in China

Highlights

- **Eye-level greenness exposure is significantly associated with hypertension in children using street view.**
- **In street view greenness, trees may be the primary contributors to this association.**
- **Exposure to ambient pollutants partially mediate the associations between street view greenness, particularly in trees, and hypertension in children.**

Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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